

What is Upward Bound?

Upward Bound is a federally funded college preparatory designed to enhance academic skills and/or motivation. The program, housed at the University of Virginia for nearly forty years, offers academic instruction, tutoring and counseling to high school students from **eleven Central Virginia High Schools** (see inside).

Participants receive academic support geared towards their needs. Upward Bound provides a number of academic services: **tutoring, assistance with home, and SOL prep**. In addition, Upward Bound assists its seniors with the college admissions process and securing financial aid. Seniors are taught invaluable study skills that will assist them with standardized tests (SATs and ACTs). High School principals, counselors, and UVA faculty are all involved in giving help and encouragement to Upward Bound students.

Please Note: There is no cost for Upward Bound; it is federally funded.

Upward Bound is a year-round commitment. **Participants are expected to attend our Saturday Sessions during the academic year, and our Summer Residential Program.** Students are expected to remain in the program until they complete high school.

Academic Year Component

Approximately two Saturdays a month from September until May, you will attend sessions at the University of Virginia. Participants will receive tutoring, counseling, and instruction in Study Skills, Math, Science, English, and Foreign Languages. Students are also invited to participate in a variety of non-academic activities throughout the year.

Summer Residential Component

For 4-5 weeks during the summer in June and July, participants live on-grounds at the University of Virginia. Students take classes in Science, Math, Social Studies, English, along with a nightly study hall. There is also a number of athletic and non-athletic enrichment events to complement the classroom activities. Guests present on topics such as college preparation and careers. During the summer, Upward Bound Students are also able to take advantage of the amenities offered by UVA.



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Questions

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Upward Bound UVa: Admissions Process

Got Questions? Contact Maurice Walker - Program Coordinator

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What is Upward Bound's Admission's process?

Applications can be picked-up from your high school's guidance office, or Upward Bound recruitment meeting at your school.

- 1). Complete the entire application, incomplete applications will not be accepted.**
- 2). Have 2 staff members from your high school complete the recommendation forms.**
- 3). Return the application along with recommendation forms to guidance or the Upward Bound Office by the deadline (announced at the recruitment meeting).**
- 4). After the applications have been returned, students will be interviewed by an Upward Bound Representative (interviews will take place at school or via telephone, you will be notified).**
- 5). A letter will be sent to your home requesting some financial info (this is required by the federal government).**
- 6). Parents/Guardians will be interviewed via phone with an Upward Bound Representative.**

7). Applicants selected for Upward Bound will be notified via mail. You will be told when to expect the letter during the interview. New students will start in June or September.

8). All acceptances are conditional, provided the program is refunded in May 2017.

Application Checklist

- 1). Complete all four sections of the application.
- 2). Answer the two essay questions, either type or neatly write the responses.
- 3). The two recommendation forms (either paper or online) need to be completed. Additional recommendations may be accepted from individuals who do not work at the applicant's high school.
- 4). Report card and transcript (applicants should have a 2.50 GPA or higher).
- 5). A financial statement (preferably a 2016 Tax Return) from the parent/legal guardian. This does not need to be submitted until after the applicant's interview.

Who can be in Upward Bound?

You may be eligible for Upward Bound if you are a 9th or 10th grader with a 2.50 GPA or higher whose:

1). Parent(s) and/or legal guardian(s) have not earned a Bachelor's Degree before the individual is admitted into the program.

And/Or

2). Household meets the federal government's income guidelines for moderate-to-low income households (Please note: This can only be determined by a tax return).

Applicants must attend one of the high school listed below

- Albemarle
- Nelson
- Buckingham
- Orange
- Charlottesville
- Waynesboro
- Fluvanna
- William Monroe
- Louisa
- Western Albemarle
- Monticello

****Please note that interested students are allowed to visit our Saturday Sessions. Individuals may visit March 25, April 22, 29. Please contact our office if you are interested in coming. Parents/guardians are also welcome.**